

## Sam Kinsley – Artist Statement

### Practice Overview

Through my artistic practice I am using attentive repetition of chosen actions to investigate the implications of the habits and tendencies that my body takes up. Employing repetition as a strategy to get to know. I approach actions or habit that I assume to be 'natural' or 'given' with attention, to dis-orient myself through coming to know differently, to alter habit, create a relationship, to re-orient.

### Project Description

In the past year I have been invested in a daily practice a repetition I perform every day that I am on campus:

I leave from the studio  
walk to the beach, to the tide line, the shore  
I walk back up to the studio

The repetition though performed the same is always different. Each day a new context, new weather, new news, new tides, new bodies, all changing the space I move through. The way I move and how I think is affected, by moods, health, and the thoughts that pass, or circulate. Both my body and the many human and non-human bodies in the environment change.

I take the shoes off brush the sand off feet and shoes onto a piece of newsprint on the floor. The sand the collection, the matter that clings to my body or shoes as I pass through place. I let it sit. Each day more sand is added. The newsprint is changed each week. A new collection begins. The sand left sitting on the page blocks the light, the newsprint discolouring where it is exposed. Making slow rudimentary photographs. They function as a document, or evidence of the performed repetition. It is a meeting of materials, sand, paper, light, water, time, body. Each an agent in the making. Sand blocking light, the light discoloring the paper; the paper the surface holding the material. The slow subtle changes in paper marked by place and repetition; sand, light and moisture, material being absorbed into surface creating ripples, making visible the passage of time, changing it's form.